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Monday 13th January 2025

Re: Winter Illness

Dear families,

It is that time of year when winter bugs are rife in schools and it feels as though we cannot escape coughs and colds. I sent a very similar letter in the Autumn term, however I am sending this again as a polite reminder of the importance of sending your children into school when possible, even if they are a bit under the weather.

In school, we teach the children the importance of good hand hygiene and other ways the spread of illnesses can be prevented.

I understand that it is sometimes difficult to determine whether your child is well enough for school. Of course, there are occasions where your child should stay at home but there are also lots of illnesses where children could and should still come to school.

The NHS provides a really useful guide about common illnesses, how to treat them and whether to send your child to school or not. The guide can be accessed here:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

With your permission, school medical staff are able to administer medicines such as Calpol to help alleviate symptoms of certain illnesses. If you are not sure whether to send your child in, please ring the office where Mrs Studd and Mrs Neary will both be happy to provide advice taken from the web page shared above.

If you do send your child in when they are not feeling 100%, we will of course keep a close eye on them and contact you if we feel they are too unwell to be at school.

I am not advocating 100% attendance being a target for everyone – there are occasions when it is really important to stay at home when unwell to fully recover, however please have a careful look at the guide above and support your child's attendance to school by sending them in whenever possible.

Thank you as always for your ongoing support.

Mr Adam Potter
Headteacher