







Proud to be part of 

SKA HEADLINES

Friday 5th July 2024

Sports Days

The weather is currently looking a bit hit and miss for next week. At the moment, our sports days are going ahead but there is every possibility we may need to decide on the morning whether it can go ahead or not. Let's all have our fingers crossed that the forecast changes!

Mon 8th	Tue 9th	Wed 10th	Thu 11th
 19° 11°	 17° 13°	 18° 12°	 18° 11°

A few reminders below:

- Children will take part in field events (such as long-jump and javelin) in the morning. **Families are not invited to this part of sports day.**
- In the afternoon, children will participate in track events (such as sprint, hurdles and the traditional egg and spoon!). **Families ARE invited to this part of sports day between 1:30pm and 3:00pm.** If you are attending, please bring a chair or picnic blanket to make yourself comfortable on!

Children should come to school dressed in their P.E. kit on the following days:

- **Year 3** – Monday (08.07.24)
- **Year 4** – Tuesday (09.07.24)
- **Year 5** – Wednesday (10.07.24)
- **Year 6** – Thursday (11.07.24)

SPORTS DAY



Friends of SKA will be selling drinks and ice-creams at each sports day. Families may purchase these for children and children may bring £1 into school to buy something at the end of sports day. Thank you FOSKA for your support!

Bronze, Silver and Gold Award Survey plus SKA 50 Things

Please fill out the following survey linked to the bronze, silver and gold award system introduced this academic year, plus the SKA 50 Things to do before you're 11 $\frac{3}{4}$. Your feedback helps us improve so please do take the time to complete it. Thank you in advance. Click [here](#) to access the survey.

KS2 SATs Results Day

Results are released on Tuesday 9th July 2024. Year 6 children will have the results shared with them during the day and these will be formally sent home on your child's end of year report.

Year 6 Shows

The children have been busy rehearsing for their end of year show, Aladdin Trouble. There are two showings to families next week. Tickets are available at the school office – these are only £1. You will not be able to enter the show unless you have a ticket. **Maximum number of tickets per child is 4.**

Aladdin
TROUBLE


Evening show on Wednesday 10th July 2024 at 4:30pm


Morning show on Friday 12th July 2024 at 9:30am.

Stockingate, South Kirkby, Pontefract, West Yorkshire, WF9 3DP

Telephone: 01977 643187 **Email:** skaoffice@watertonacademytrust.org

Headteacher: Mr Adam Potter **Website:** www.southkirkbyacademy.org

 **Facebook:** @SouthKirkbyAcademy

 **X:** @WatertonSKA





Attendance this week: **90%** 😞

Whitby	95%
Knaresborough	95%
Richmond	90%
Filey	90%
Harrogate	89%
York	89%
Leeds	87%
Ilkley	84%
Whitby and Knaresborough may wear non-uniform on Friday 12 th July	

Lisa (Leeds)	For never giving up and inspiring others to do the same.
Tyler (York)	For always giving 100% effort in lessons.
Lucas (Knaresborough)	For his spectacular effort in writing lessons – excellent vocabulary choices.
Sandra (Richmond)	For being a superstar every day and giving 100% in all she does.
Abdoul (Filey)	For excellent contributions in Maths and English lessons.
Tinashe (Whitby)	For settling so well into Whitby class.
Mya (Harrogate)	For showing full commitment to the end of year production – what a superstar!
Kristen (Ilkley)	For a great start at SKA.

Congratulations to our **Stars of the Week!**

SUPPORTING CHILDREN'S MENTAL HEALTH
10 Conversation Starters for Parents

Talking about mental health to children is sometimes hard. To the point that we can put off raising the subject, postponing to smooth problems or false comforting subjects to that we can't talk to them. This guide focuses on our partners of many which we believe treated adults should be aware of. Please visit www.nosonline.org.uk for further guides, links and tips for adults.

National Online Safety
#WakeUpWednesday

- LISTEN**
The more children tell you about their worries, the more you can help. Active listening is when you listen without trying to solve the problem and show them that you care. You can help them feel better by listening to what they have to say. You can help them feel better by listening to what they have to say.
- ASK TWICE**
The more you ask about their worries, the more you can help. Ask them how they are feeling and how they are coping. Ask them how they are feeling and how they are coping.
- THERE IS NO SUCH THING AS A STUPID QUESTION**
The more you ask about their worries, the more you can help. Ask them how they are feeling and how they are coping. Ask them how they are feeling and how they are coping.
- BE OPEN AND HONEST**
Children are often worried about their worries. If you are honest about your own worries, they will be more likely to talk to you about theirs. Children are often worried about their worries. If you are honest about your own worries, they will be more likely to talk to you about theirs.
- KNOW WHEN TO SEEK HELP**
If you are worried about your child's mental health, it is important to seek help. You can talk to your GP, a school counselor, or a mental health professional. If you are worried about your child's mental health, it is important to seek help.
- TALK ABOUT MENTAL HEALTH NATURALLY**
Mental health is a part of everyone's life. It is not something that only happens to other people. It is something that everyone experiences. It is something that everyone experiences.
- EMPATHISE**
You can help your child feel better by listening to what they have to say. You can help your child feel better by listening to what they have to say.
- HELP YOUR CHILD FEEL SAFE**
Children are often worried about their worries. If you are honest about your own worries, they will be more likely to talk to you about theirs. Children are often worried about their worries. If you are honest about your own worries, they will be more likely to talk to you about theirs.
- MIND YOUR LANGUAGE**
Children are often worried about their worries. If you are honest about your own worries, they will be more likely to talk to you about theirs. Children are often worried about their worries. If you are honest about your own worries, they will be more likely to talk to you about theirs.
- IT IS OK TO SAY I DON'T KNOW WHAT TO DO NEXT**
It is okay to say you don't know what to do next. It is okay to say you don't know what to do next. It is okay to say you don't know what to do next.

Meet our expert
Sources of Information and Support

www.nosonline.org.uk Twitter: @nosonline Facebook: National Online Safety

Click the preview to open the full guide!

Value of the week: Be inclusive

Austen (Year 6) Alex J (Year 6)
Keah (Year 5) Willow (Year 5)
Reggie (Year 4) Maddison (Year 4)
Mia-Rose (Year 3) Brody (Year 3)

DON'T MISS OUT ON IMPORTANT SKA INFORMATION!

Follow our social media pages and sign up for the MCAS App to keep up to date.

Key Events Next Week

Year 6 Trip to Go Ape – Monday 8th July 2024

Sports Days

- Year 3 – Monday (08.07.24)
- Year 4 – Tuesday (09.07.24)
- Year 5 – Wednesday (10.07.24)
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